

## Bridge Valley Dietary Policy

*At Bridge Valley, we do what we can to cater for dietary needs, however, due to our desire to run affordable camps we are not able to meet all the needs of some guests with dietary requests.*

*ALL OF OUR FOOD MAY CONTAIN TRACES OF ANY OTHER FOOD, this includes, but is not limited to; egg, nuts, gluten, dairy, soy, fish and red meat.*

*The meals that we provide that are labelled 'free', does not guarantee it is completely free of the named substance. For example, 'Gluten Free' does not guarantee there are no traces of Gluten in the meal. The use of the word "free" shows it is our catering team's best effort to keep the meal free of the named substance, within our kitchen setup and budget.*

*The dietary meals are unlikely to follow the menu of the rest of the camp.*

*Due to the nature of our catering systems, we can not always produce the packaging of products used in our kitchen and catering.*

*Our catering team is only set up to provide the following type of meals:*

- *Nut free - No whole nuts are not used in our kitchen, however, many of our purchased products contain nuts or may contain traces of nuts.*
- *Dairy Free*
- *Gluten Free*
- *Egg Free*
- *Vegetarian*

***It is our recommendation that if you have a dietary need that is - severe, has a combination of two or more off the above dietary requests, or different to the above list that you contact our office – [office@bridgevalley.co.nz](mailto:office@bridgevalley.co.nz).***

*It is also our recommendation that someone with a dietary need brings their own morning tea and supper to guarantee they have snacks they can eat. They should also consider bringing their own meals if they consider the risks of cross-contamination too high (i.e. An allergic reaction could occur due to cross-contamination).*

*At meal times people with dietary needs should be the first through the meal line.*